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## BUCKINGHAM PREPARATORY SCHOOL

14<sup>th</sup> February 2019

### Y6 Personal, Social and Health Education

Dear Parents,

As part of our on-going Personal, Social and Health Education curriculum, during next half term we will be discussing changes that take place for children as they experience puberty.

In Year 6, we place a particular emphasis on health education as many children experience puberty at this age, or will do so in the very near future. We will be using suitable teaching materials in these lessons and will do our best to answer all questions with sensitivity and care. By the end of Key Stage 2, we ensure that the boys know how babies are born, how children's bodies change during puberty, what menstruation is, and how it affects women. We teach this with due regard for the emotional development of the children.

The children will have the opportunity to watch a BBC DVD on the subject and ask questions that arise from it. All questions will be answered honestly, keeping the answers at an age-appropriate level.

If you have any concerns about the content of these lessons, please feel free to speak to me directly.

You should be aware that, following the sessions in school, the children may come home with questions of their own and you may wish to prepare your responses!

Yours faithfully,

Mr Evans