

MONDAY WK 3

Oven Baked Pork Sausage

Quorn or Vegetable Sausage

Mashed Potatoes

Garden Peas

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Jam Slice & Custard

Selection of Fresh Fruit

TUESDAY

Tuna Pasta Bake

Macaroni Cheese

Garlic Slice

Sweetcorn & Pea Mix

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Fresh Fruit Day

Or Fruit Yogurt

WEDNESDAY

Cajun Chicken Thighs

Falafel Ball

Rainbow Rice

Carrots

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Cheese & Biscuits

Or Fruit Yogurt

THURSDAY

Ham & Cheese Omelette

Cheese & Tomato Omelette

Slice of Wholemeal Bread

Broccoli Florets or Baked Beans

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Apple Upside Down Cake & Custard

Selection of Fresh Fruit

FRIDAY

Cheese & Tomato Pizza

Chips

Baked Beans or Sweetcorn

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Jam Doughnut

Selection of Fresh Fruit