

BUCKINGHAM PREPARATORY SCHOOL

AN INDEPENDENT SCHOOL FOR BOYS

LUNCH MENU

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Meat/Fish Option	Sweet Chilli or Plain Roasted Chicken Thighs	Lamb Bolognaise With Cheese	Chicken Lattice	Chicken in Black Bean Sauce with Crackers	Fish Fingers Fish (Juniors)
Vegetarian Option	Oven Baked Vegetable Samosa	Vegetable Bolognaise with Cheese	Cheese & Tomato Pasty	Seasonal Sweet & Sour Vegetables	Vegetarian Fingers
Alternative Option	Cheese and Tomato Pasta	Give it a go!	Jacket Potato with Filling	Give it a go!	Give it a go!
Vegetable	Green Beans Cauliflower Rice	Broccoli Carrots Garlic Bread	Broccoli Green Beans Curly Fries	Peas Sliced Carrots Noodles	Baked Beans Sweetcorn Chips
Dessert	Yogurt or Fresh Fruit	Lemon Drizzle Cake Fresh Fruit or Yogurt	Chocolate Shortbread Fresh Fruit or Yogurt	Apple Crumble & Custard Fresh Fruit	lce Cream Fresh Fruit or Yogurt