



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat/Fish Option	Lamb Chilli with Rice	Chicken Chow Mein with Noodles	Turkey Escalope with Gravy	Lamb Pasta Bake	Margherita Pizza
Vegetarian Option	5 Bean Chilli with Rice	Quorn Stir Fry with Noodles	Cheese Pasty	Macaroni Cheese	Margherita Pizza
Alternative Option	Jacket Potato with Filling	Jacket Potato with Filling	Give it a go!	Jacket Potato with Filling	Give it a go!
Vegetables and Sides	Peas Sweetcorn Tortilla Chips	Broccoli Carrots	Cauliflower Green Beans Roast Potatoes	Sweetcorn Broccoli Garlic Bread	Baked Beans Peas Chips
Dessert	Yogurt or Fresh Fruit	Lemon & Ginger Biscuit Fresh Fruit or Yogurt	Apple & Pear Crumble & Custard Fresh Fruit or Yogurt	Lemon Drizzle Cake Fresh Fruit or Yogurt	Rice Krispie Cake Fresh Fruit or Yogurt

All meals are prepared and cooked fresh daily on the premises — menus are subject to change.



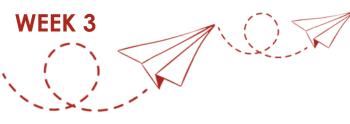




	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat/Fish Option	Chicken Lasagne	Tandoori Chicken with Rice	Roast Chicken Thighs with Gravy	Lamb Burgers in a Soft Bap with Salad	Fish Friday Fish of the Day
Vegetarian Option	Vegetable Lasagne	Mixed Bean Curry with Rice	Veggie Sausage Roll	Southern Fried Quorn Burger & Salad	Quorn Fried Bites
Alternative Option	Jacket Potato with Filling	Jacket Potato with Filling	Give it a go!	Jacket Potato with Filling	Give it a go!
Vegetables and Sides	Peas Carrots Garlic Bread	Broccoli Carrots Naan Bread	Cauliflower Green Beans Roast Potatoes	Sweetcorn Broccoli Potato Wedges	Baked Beans Peas Chips
Dessert	Yogurt or Fresh Fruit	Syrup Sponge & Custard Fresh Fruit or Yogurt	Cheese & Crackers Fresh Fruit or Yogurt	Iced Sprinkle Cake Fresh Fruit or Yogurt	Cookies Fresh Fruit or Yogurt

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat/Fish Option	Lamb Meatballs in Tomato Sauce	Creamy Chicken & Vegetable Pasta Bake	Roast Turkey Breast with Gravy	Chicken Enchiladas	Chicken Hot Dog
Vegetarian Option	Veggie Meatballs in Tomato Sauce	Vegetarian Pasta Bake	Spicy Bean Burger	Veggie Enchiladas	Quorn Hot Dog
Alternative Option	Jacket Potato with Filling	Jacket Potato with Filling	Give it a go!	Jacket Potato with Filling	Give it a go!
Vegetables and Sides	Peas Cauliflower Spaghetti	Broccoli Carrots Garlic Bread	Savoy Cabbage Green Beans Roast Potatoes	Sweetcorn Carrots Potato Wedges	Baked Beans Peas Chips
Dessert	Yogurt or Fresh Fruit	Chocolate Fudge Brownie Fresh Fruit or Yogurt	Cheese & Crackers Fresh Fruit or Yogurt	Jam & Coconut Sponge Fresh Fruit or Yogurt	Rocky Road Fresh Fruit or Yogurt

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat/Fish Option	Brunch Special Chicken Sausage	Tuna Pasta Bake	Roast Chicken Breast	Lamb Burger with Soft Bap and Salad	Margherita Pizza
Vegetarian Option	Vegetable Sausage	Macaroni Cheese	Vegetable Samosa	Cheese Turnovers	Margherita Pizza
Alternative Option	Give it a go!	Jacket Potato with Filling	Give it a go!	Jacket Potato with Filling	Give it a go!
Vegetables and Sides	Baked Beans Scrambled Egg Hash Browns	Broccoli Carrots Garlic Bread	Peas Savoy Cabbage Roast Potatoes	Sweetcorn Carrots Potato Wedges	Baked Beans Peas Chips
Dessert	Yogurt or Fresh Fruit	Jam Coconut Slice Fresh Fruit or Yogurt	Cheese & Crackers Fresh Fruit or Yogurt	Apple Pie & Custard Fresh Fruit or Yogurt	Choc-Chip Cookies Fresh Fruit or Yogurt

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat/Fish Option	Chicken and Noodles with Sweet Chilli & Ginger	Chicken Fajita with Soured Cream & Salsa	Turkey Escalope with Gravy	Lamb Koftas with Salad & Houmous	Fish Friday Fish of the Day
Vegetarian Option	Vegetable Noodles	Vegetable Fajita with Sored Cream & Salsa	Quorn Escalope	Falafel with Salad & Houmous	Quorn Nuggets
Alternative Option	Jacket Potato with Filling	Jacket Potato with Filling	Give it a go!	Jacket Potato with Filling	Give it a go!
Vegetables and Sides	Cauliflower Green Beans Rice	Broccoli Carrots Rainbow Rice	Carrots Savoy Cabbage Roast Potatoes	Sweetcorn Green Beans Pitta Bread	Baked Beans Peas Chips
Dessert	Yogurt or Fresh Fruit	Apple Sponge & Custard Fresh Fruit or Yogurt	Cheese & Crackers Fresh Fruit or Yogurt	Lemon Drizzle Cake Fresh Fruit or Yogurt	Chocolate Cheese Cake Fresh Fruit or Yogurt

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat/Fish Option	Creamy Chicken Pasta	Southern Fried Chicken Burger	Roasted Chicken Thighs with Gravy	Lamb Meatballs with Tomato & Herb Sauce	Chicken Hot Dogs
Vegetarian Option	Vegetable Pasta	Quorn Sausages with Gravy	Cheese Pasty	Veggie Meatballs with Tomato & Herb Sauce	Vegetarian Hot Dogs
Alternative Option	Jacket Potato with Filling	Jacket Potato with Filling	Give it a go!	Jacket Potato with Filling	Give it a go!
Vegetables and Sides	Cauliflower Green Beans Garlic Bread	Broccoli Carrots New Potatoes	Carrots Savoy Cabbage Roast Potatoes	Sweetcorn Green Beans Potato Wedges	Baked Beans Peas Chips
Dessert	Yogurt or Fresh Fruit	Treacle Sponge Fresh Fruit or Yogurt	Cheese & Crackers Fresh Fruit or Yogurt	Cherry Sponge with Custard Fresh Fruit or Yogurt	Fruity Flapjack Fresh Fruit or Yogurt

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