



SPRING - WEEK 1



LUNCH MENU

BUCKINGHAM PREPARATORY SCHOOL
AN INDEPENDENT SCHOOL FOR BOYS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat/Fish Option	Lamb Chilli with Rice	Chinese Chicken with Noodles	Turkey Escalope with Gravy	Lamb Pasta Bake	Margherita Pizza
Vegetarian Option	5 Bean Chilli with Rice	Quorn Stir Fry with Noodles	Cheese Pasty	Macaroni Cheese	Margherita Pizza
Alternative Option	Jacket Potato with Filling	Jacket Potato with Filling	Give it a go!	Jacket Potato with Filling	Give it a go!
Vegetables and Sides	Peas Sweetcorn Tortilla Chips	Broccoli Carrots	Cauliflower Green Beans Roast Potatoes	Sweetcorn Broccoli Garlic Bread	Baked Beans Peas Chips
Dessert	Yogurt or Fresh Fruit	Lemon & Ginger Biscuit Fresh Fruit or Yogurt	Apple & Pear Crumble & Custard Fresh Fruit or Yogurt	Lemon Drizzle Cake Fresh Fruit or Yogurt	Rice Krispie Cake Fresh Fruit or Yogurt

All meals are prepared and cooked fresh daily on the premises — menus are subject to change. Week beginning 1st January, 19th February 2024





SPRING - WEEK 2



LUNCH MENU

BUCKINGHAM PREPARATORY SCHOOL
AN INDEPENDENT SCHOOL FOR BOYS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat/Fish Option	Chicken Lasagne	Chicken Curry with Rice	Roast Chicken Thighs with Gravy	Lamb Burgers	Fish Friday Fish of the Day
Vegetarian Option	Vegetable Lasagne	Mixed Bean Curry with Rice	Veggie Sausage Roll	Southern Fried Quorn Burger	Quorn Fried Bites
Alternative Option	Jacket Potato with Filling	Jacket Potato with Filling	Give it a go!	Jacket Potato with Filling	Give it a go!
Vegetables and Sides	Peas Sweetcorn Garlic Bread	Broccoli Carrots Naan Bread	Cauliflower Green Beans Roast Potatoes	Salad Sweetcorn Potato Wedges	Baked Beans Peas Chips
Dessert	Yogurt or Fresh Fruit	Syrup Sponge & Custard Fresh Fruit or Yogurt	Cheese & Crackers Fresh Fruit or Yogurt	Iced Sprinkle Cake Fresh Fruit or Yogurt	Cookies Fresh Fruit or Yogurt

All meals are prepared and cooked fresh daily on the premises — menus are subject to change.

Week beginning 8th January, 26th February 2024



SPRING - WEEK 3



BUCKINGHAM PREPARATORY SCHOOL
AN INDEPENDENT SCHOOL FOR BOYS

LUNCH MENU

MONDAY

Meat/Fish Option

Lamb Meatballs in
Tomato Sauce

Vegetarian Option

Veggie Meatballs in
Tomato Sauce

Alternative Option

Jacket Potato
with Filling

Vegetables and Sides

Peas
Cauliflower
Spaghetti

Dessert

Yogurt or
Fresh Fruit

TUESDAY

Creamy Chicken
Pasta Bake

Vegetable
Pasta Bake

Jacket Potato
with Filling

Broccoli
Carrots
Garlic Bread

Chocolate Fudge
Brownie
Fresh Fruit or Yogurt

WEDNESDAY

Roast Turkey Breast
with Gravy

Spicy Bean Burger

Give it a go!

Cabbage
Green Beans
Roast Potatoes

Cheese & Crackers
Fresh Fruit or Yogurt

THURSDAY

Chicken Enchiladas

Veggie Enchiladas

Jacket Potato
with Filling

Sweetcorn
Carrots
Potato Wedges

Jam & Coconut
Sponge
Fresh Fruit or Yogurt

FRIDAY

Chicken Sausage

Quorn Sausage

Give it a go!

Baked Beans
Peas
Chips

Ginger Cake
Fresh Fruit or Yogurt

All meals are prepared and cooked fresh daily on the premises — menus are subject to change.

Week beginning 15th January, 4th March 2024



SPRING - WEEK 4



BUCKINGHAM PREPARATORY SCHOOL
AN INDEPENDENT SCHOOL FOR BOYS

LUNCH MENU

MONDAY

Meat/Fish Option	Brunch Special Chicken Sausage
Vegetarian Option	Vegetable Sausage
Alternative Option	Give it a go!
Vegetables and Sides	Baked Beans Scrambled Egg Hash Browns
Dessert	Yogurt or Fresh Fruit

TUESDAY

Tuna Pasta Bake
Macaroni Cheese
Jacket Potato with Filling
Broccoli Carrots Garlic Bread
Jam Coconut Slice Fresh Fruit or Yogurt

WEDNESDAY

Roast Chicken Breast
Vegetable Samosa
Give it a go!
Peas Cabbage Roast Potatoes
Cheese & Crackers Fresh Fruit or Yogurt

THURSDAY

Lamb Burger
Cheese Turnovers
Jacket Potato with Filling
Salad Sweetcorn Potato Wedges
Apple Pie & Custard Fresh Fruit or Yogurt

FRIDAY

Margherita Pizza
Margherita Pizza
Give it a go!
Baked Beans Peas Chips
Choc-Chip Cookies Fresh Fruit or Yogurt

All meals are prepared and cooked fresh daily on the premises — menus are subject to change.

Week beginning 22nd January, 11th March 2024



SPRING - WEEK 5

LUNCH MENU



BUCKINGHAM PREPARATORY SCHOOL
AN INDEPENDENT SCHOOL FOR BOYS

MONDAY

Meat/Fish Option

Chicken and Noodles with Sweet Chilli & Ginger

Vegetarian Option

Vegetable Noodles

Alternative Option

Jacket Potato with Filling

Vegetables and Sides

Cauliflower
Green Beans
Rice

Dessert

Yogurt or Fresh Fruit

TUESDAY

Chicken Fajita with Soured Cream & Salsa

Vegetable Fajita with Soured Cream & Salsa

Jacket Potato with Filling

Broccoli
Sweetcorn
Rainbow Rice

Apple Sponge & Custard
Fresh Fruit or Yogurt

WEDNESDAY

Turkey Escalope with Gravy

Quorn Escalope

Give it a go!

Carrots
Cabbage
Roast Potatoes

Cheese & Crackers
Fresh Fruit or Yogurt

THURSDAY

Lamb Koftas with Salad & Houmous

Falafel with Salad & Houmous

Jacket Potato with Filling

Sweetcorn
Green Beans
Pitta Bread

Lemon Drizzle Cake
Fresh Fruit or Yogurt

FRIDAY

Fish Friday
Fish of the Day

Quorn Nuggets

Give it a go!

Baked Beans
Peas
Chips

Chocolate Cheese Cake
Fresh Fruit or Yogurt

All meals are prepared and cooked fresh daily on the premises — menus are subject to change.

Week beginning 29th January, 18th March 2024



SPRING -WEEK 6



LUNCH MENU

BUCKINGHAM PREPARATORY SCHOOL
AN INDEPENDENT SCHOOL FOR BOYS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat/Fish Option	Creamy Chicken Pasta Bake	Southern Fried Chicken Burger	Roasted Chicken Thighs with Gravy	Lamb Meatballs with Tomato and Herb Sauce	Chicken Sausage
Vegetarian Option	Vegetable Pasta Bake	Quorn Sausages with Gravy	Cheese Pasty	Veggie Meatballs with Tomato and Herb Sauce	Quorn Nuggets
Alternative Option	Jacket Potato with Filling	Jacket Potato with Filling	Give it a go!	Jacket Potato with Filling	Give it a go!
Vegetables and Sides	Cauliflower Green Beans Garlic Bread	Broccoli Carrots New Potatoes	Carrots Cabbage Roast Potatoes	Sweetcorn Green Beans Potato Wedges	Baked Beans Peas Chips
Dessert	Yogurt or Fresh Fruit	Treacle Sponge Fresh Fruit or Yogurt	Cheese & Crackers Fresh Fruit or Yogurt	Cherry Sponge with Custard Fresh Fruit or Yogurt	Fruity Flapjack Fresh Fruit or Yogurt

All meals are prepared and cooked fresh daily on the premises — menus are subject to change. Week beginning 5th February, 25th March 2024

