



AUTUMN - WEEK 2



LUNCH MENU



BUCKINGHAM PREPARATORY SCHOOL
AN INDEPENDENT SCHOOL FOR BOYS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat/Fish Option	Chicken Curry with Rice	Chicken Lasagne	Roast Chicken Thighs with Gravy	Lamb Burgers	Fish Friday Fish of the Day
Vegetarian Option	Mixed Bean Curry with Rice	Vegetable Lasagne	Veggie Sausage Roll	Quorn Burger	Vegan Fingers
Alternative Option	Jacket Potato with Filling	Jacket Potato with Filling	Give it a go!	Jacket Potato with Filling	Give it a go!
Vegetables and Sides	Peas Sweetcorn Naan Bread	Broccoli Carrots Garlic Bread	Cauliflower Green Beans Roast Potatoes	Salad Sweetcorn Potato Wedges	Baked Beans Peas Chips
Dessert	Yogurt or Fresh Fruit	Syrup Sponge & Custard Fresh Fruit or Yogurt	Cheese & Crackers Fresh Fruit or Yogurt	Iced Sprinkle Cake Fresh Fruit or Yogurt	Cookies Fresh Fruit or Yogurt

All meals are prepared and cooked fresh daily on the premises — menus are subject to change. Week beginning 4th November 2024



AUTUMN - WEEK 3



LUNCH MENU



BUCKINGHAM PREPARATORY SCHOOL
AN INDEPENDENT SCHOOL FOR BOYS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat/Fish Option	Lamb Meatballs in Tomato Sauce	Fish Fingers	Roast Turkey Breast with Gravy	Chicken Wraps	Chicken Sausage
Vegetarian Option	Quorn & Vegetables in Tomato Sauce	Vegetable Fingers	Spicy Bean Burger	Veggie Wraps	Quorn Sausage
Alternative Option	Jacket Potato with Filling	Jacket Potato with Filling	Give it a go!	Jacket Potato with Filling	Give it a go!
Vegetables and Sides	Peas Cauliflower Spaghetti	Sweetcorn Peas New Potatoes	Cabbage Green Beans Roast Potatoes	Sweetcorn Carrots Potato Wedges	Baked Beans Peas Chips
Dessert	Yogurt or Fresh Fruit	Chocolate Fudge Brownie Fresh Fruit or Yogurt	Cheese & Crackers Fresh Fruit or Yogurt	Jam & Coconut Sponge Fresh Fruit or Yogurt	Ginger Cake Fresh Fruit or Yogurt

All meals are prepared and cooked fresh daily on the premises — menus are subject to change.

Week beginning 11th November 2024



AUTUMN - WEEK 4

LUNCH MENU



BUCKINGHAM PREPARATORY SCHOOL
AN INDEPENDENT SCHOOL FOR BOYS

MONDAY

Meat/Fish Option

Brunch Special
Chicken Sausage

Vegetarian Option

Vegetable Sausage

Alternative Option

Give it a go!
Jacket Potato with
filling

Vegetables and Sides

Baked Beans
Scrambled Egg
Hash Browns

Dessert

Yogurt or
Fresh Fruit

TUESDAY

Tuna Pasta Bake

Macaroni Cheese

Jacket Potato
with Filling

Broccoli
Carrots
Garlic Bread

Jam Coconut Slice
Fresh Fruit or Yogurt

WEDNESDAY

Roast Chicken
Breast

Vegetable Samosa

Give it a go!

Peas
Cabbage
Roast Potatoes

Cheese & Crackers
Fresh Fruit or Yogurt

THURSDAY

Lamb Burger

Cheese Turnovers

Jacket Potato
with Filling

Sweetcorn & Peas
Potato Wedges

Apple Cake
& Custard
Fresh Fruit or Yogurt

FRIDAY

Margherita Pizza

Margherita Pizza

Give it a go!

Baked Beans
Peas
Chips

Choc-Chip Cookies
Fresh Fruit or Yogurt

All meals are prepared and cooked fresh daily on the premises — menus are subject to change.

Week beginning 18th November 2024

AUTUMN - WEEK 5

LUNCH MENU



BUCKINGHAM PREPARATORY SCHOOL
AN INDEPENDENT SCHOOL FOR BOYS

MONDAY

Meat/Fish Option	Chinese Chicken and Noodles
Vegetarian Option	Vegetable Noodles
Alternative Option	Jacket Potato with Filling
Vegetables and Sides	Cauliflower Green Beans Rice
Dessert	Yogurt or Fresh Fruit

TUESDAY

Chicken Wrap
Vegetable Wrap
Jacket Potato with Filling
Broccoli Sweetcorn Rainbow Rice
Apple Sponge & Custard Fresh Fruit or Yogurt

WEDNESDAY

Chicken Lattice with Gravy
Quorn Sausage Roll
Give it a go!
Carrots Cabbage Roast Potatoes
Cheese & Crackers Fresh Fruit or Yogurt

THURSDAY

Lamb Koftas with Salad & Houmous
Falafel with Salad & Houmous
Jacket Potato with Filling
Sweetcorn Green Beans Pitta Bread
Lemon Drizzle Cake Fresh Fruit or Yogurt

FRIDAY

Fish Friday Fish of the Day
Quorn Nuggets
Give it a go!
Baked Beans Peas Chips
Chocolate Cheese Cake Fresh Fruit or Yogurt

All meals are prepared and cooked fresh daily on the premises — menus are subject to change.

Week beginning 25 November 2024



AUTUMN -WEEK 6



LUNCH MENU



BUCKINGHAM PREPARATORY SCHOOL
AN INDEPENDENT SCHOOL FOR BOYS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat/Fish Option	Tuna Mayo Jacket Potato	Chicken Lattice	Roasted Chicken Thighs with Gravy	Lamb Meatballs with Tomato and Herb Sauce	Chicken Sausage
Vegetarian Option	Cheese & Beans Jacket Potato	Quorn Sausages with Gravy	Cheese Pasty	Quorn with Tomato and Herb Sauce	Quorn Nuggets
Alternative Option	Jacket Potato with Filling	Jacket Potato with Filling	Give it a go!	Jacket Potato with Filling	Give it a go!
Vegetables and Sides	Green Beans Garlic Bread	Broccoli Carrots Curly Fries	Carrots Cabbage Roast Potatoes	Sweetcorn Green Beans Spaghetti	Baked Beans Peas Chips
Dessert	Yogurt or Fresh Fruit	Treacle Sponge Fresh Fruit or Yogurt	Cheese & Crackers Fresh Fruit or Yogurt	Cherry Sponge with Custard Fresh Fruit or Yogurt	Fruity Flapjack Fresh Fruit or Yogurt

All meals are prepared and cooked fresh daily on the premises — menus are subject to change.

Week beginning 2nd December 2024

