

SPRING - WEEK 1

LUNCH MENU



BUCKINGHAM PREPARATORY SCHOOL
AN INDEPENDENT SCHOOL FOR BOYS

MONDAY

Meat/Fish Option	Lamb Chilli with Rice
Vegetarian Option	5 Bean Chilli with Rice
Alternative Option	Jacket Potato with Filling
Vegetables and Sides	Peas Sweetcorn Tortilla Chips
Dessert	Yogurt or Fresh Fruit

TUESDAY

Chinese Chicken with Noodles
Quorn Stir Fry with Noodles
Give it a go!
Broccoli Carrots
Lemon & Ginger Biscuit Fresh Fruit or Yogurt

WEDNESDAY

Chicken Sausage Roll
Cheese Pasty
Jacket Potato with Filling
Cauliflower Green Beans Roast Potatoes
Apple & Pear Crumble & Custard Fresh Fruit or Yogurt

THURSDAY

Lamb Pasta Bake
Macaroni Cheese
Jacket Potato with Filling
Sweetcorn Broccoli Garlic Bread
Lemon Drizzle Cake Fresh Fruit or Yogurt

FRIDAY

Margherita Pizza
Margherita Pizza
Give it a go!
Baked Beans Peas Chips
Rice Krispie Cake Fresh Fruit or Yogurt

All meals are prepared and cooked fresh daily on the premises — menus are subject to change.

Week beginning 6th January & 24th February 2025



SPRING - WEEK 2



LUNCH MENU



BUCKINGHAM PREPARATORY SCHOOL
AN INDEPENDENT SCHOOL FOR BOYS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat/Fish Option	Chicken Curry with Rice	Chicken Lasagne	Roast Chicken Thighs with Gravy	Lamb Burgers	Fish Friday Fish of the Day
Vegetarian Option	Mixed Bean Curry with Rice	Vegetable Lasagne	Veggie Sausage Roll	Quorn Burger	Vegan Fingers
Alternative Option	Jacket Potato with Filling	Jacket Potato with Filling	Give it a go!	Jacket Potato with Filling	Give it a go!
Vegetables and Sides	Peas Sweetcorn Naan Bread	Broccoli Carrots Garlic Bread	Cauliflower Green Beans Roast Potatoes	Salad Sweetcorn Potato Wedges	Baked Beans Peas Chips
Dessert	Yogurt or Fresh Fruit	Syrup Sponge & Custard Fresh Fruit or Yogurt	Cheese & Crackers Fresh Fruit or Yogurt	Iced Sprinkle Cake Fresh Fruit or Yogurt	Cookies Fresh Fruit or Yogurt

All meals are prepared and cooked fresh daily on the premises — menus are subject to change. Week beginning 13th January & 3rd March 2025



SPRING - WEEK 3

LUNCH MENU



BUCKINGHAM PREPARATORY SCHOOL
AN INDEPENDENT SCHOOL FOR BOYS

MONDAY

Meat/Fish Option

Lamb Meatballs in
Tomato Sauce

Vegetarian Option

Quorn Meatballs
& Vegetables in
Tomato Sauce

Alternative Option

Jacket Potato
with Filling

Vegetables and Sides

Peas
Cauliflower
Spaghetti

Dessert

Yogurt or
Fresh Fruit

TUESDAY

Fish Fingers

Vegetable
Fingers

Jacket Potato
with Filling

Sweetcorn
Peas
New Potatoes

Chocolate Fudge
Brownie
Fresh Fruit or Yogurt

WEDNESDAY

Roast Turkey Breast
with Gravy

Spicy Bean Burger

Give it a go!

Cabbage
Green Beans
Roast Potatoes

Cheese & Crackers
Fresh Fruit or Yogurt

THURSDAY

Chicken Wraps

Veggie Wraps

Jacket Potato
with Filling

Sweetcorn
Carrots
Potato Wedges

Jam & Coconut
Sponge
Fresh Fruit or Yogurt

FRIDAY

Chicken Sausage

Quorn Sausage

Give it a go!

Baked Beans
Peas
Chips

Ginger Cake
Fresh Fruit or Yogurt

All meals are prepared and cooked fresh daily on the premises — menus are subject to change.

Week beginning 20th January & 10th March 2025

SPRING - WEEK 4

LUNCH MENU



BUCKINGHAM PREPARATORY SCHOOL
AN INDEPENDENT SCHOOL FOR BOYS

MONDAY

Meat/Fish Option	Brunch Special Chicken Sausage
Vegetarian Option	Vegetable Sausage
Alternative Option	Give it a go!
Vegetables and Sides	Baked Beans Scrambled Egg Hash Browns
Dessert	Yogurt or Fresh Fruit

TUESDAY

Tuna Pasta Bake
Macaroni Cheese
Jacket Potato with Filling
Broccoli Carrots Garlic Bread
Jam Coconut Slice Fresh Fruit or Yogurt

WEDNESDAY

Roast Chicken Breast
Vegetable Samosa
Give it a go!
Peas Cabbage Roast Potatoes
Cheese & Crackers Fresh Fruit or Yogurt

THURSDAY

Lamb Burger
Cheese Turnovers
Jacket Potato with Filling
Sweetcorn & Peas Potato Wedges
Apple Cake & Custard Fresh Fruit or Yogurt

FRIDAY

Margherita Pizza
Margherita Pizza
Give it a go!
Baked Beans Peas Chips
Choc-Chip Cookies Fresh Fruit or Yogurt

All meals are prepared and cooked fresh daily on the premises — menus are subject to change.

Week beginning 27th January & 17th March 2025

SPRING - WEEK 5

LUNCH MENU



BUCKINGHAM PREPARATORY SCHOOL
AN INDEPENDENT SCHOOL FOR BOYS

MONDAY

Meat/Fish Option	Chinese Chicken and Noodles
Vegetarian Option	Vegetable Noodles
Alternative Option	Jacket Potato with Filling
Vegetables and Sides	Cauliflower Green Beans
Dessert	Yogurt or Fresh Fruit

TUESDAY

Chicken Wrap
Vegetable Wrap
Jacket Potato with Filling
Broccoli Sweetcorn Rainbow Rice
Apple Sponge & Custard Fresh Fruit or Yogurt

WEDNESDAY

Chicken Lattice with Gravy
Quorn Sausage Roll
Give it a go!
Carrots Cabbage Roast Potatoes
Cheese & Crackers Fresh Fruit or Yogurt

THURSDAY

Lamb Koftas with Salad & Houmous
Falafel with Salad & Houmous
Jacket Potato with Filling
Sweetcorn Green Beans Pitta Bread
Lemon Drizzle Cake Fresh Fruit or Yogurt

FRIDAY

Fish Friday Fish of the Day
Quorn Burger
Give it a go!
Baked Beans Peas Chips
Chocolate Cheese Cake Fresh Fruit or Yogurt

All meals are prepared and cooked fresh daily on the premises — menus are subject to change.

Week beginning 3rd February & 24th March 2025



SPRING -WEEK 6



LUNCH MENU



BUCKINGHAM PREPARATORY SCHOOL
AN INDEPENDENT SCHOOL FOR BOYS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat/Fish Option	Tuna Mayo Jacket Potato	Chicken Lattice	Roasted Chicken Thighs with Gravy	Lamb Meatballs with Tomato and Herb Sauce	Chicken Nuggets
Vegetarian Option	Cheese & Beans Jacket Potato	Quorn Sausages with Gravy	Cheese Pasty	Quorn with Tomato and Herb Sauce	Quorn Nuggets
Alternative Option	Vegetable Ratatouille with Cheese	Jacket Potato with Filling	Give it a go!	Jacket Potato with Filling	Give it a go!
Vegetables and Sides	Sweetcorn Garlic Bread	Broccoli Carrots Curly Fries	Carrots Cabbage Roast Potatoes	Sweetcorn Green Beans Spaghetti	Baked Beans Peas Chips
Dessert	Yogurt or Fresh Fruit	Treacle Sponge Fresh Fruit or Yogurt	Cheese & Crackers Fresh Fruit or Yogurt	Cherry Sponge with Custard Fresh Fruit or Yogurt	Flapjack Fresh Fruit or Yogurt

All meals are prepared and cooked fresh daily on the premises — menus are subject to change. Week beginning 10th February 2025

