

AUTUMN - WEEK 1

LUNCH MENU



BUCKINGHAM PREPARATORY SCHOOL
AN INDEPENDENT SCHOOL FOR BOYS

MONDAY

Meat/Fish Option	Lamb Chilli with Rice
Vegetarian Option	5 Bean Chilli with Rice
Alternative Option	Jacket Potato with Filling
Vegetables and Sides	Peas Sweetcorn Tortilla Chips
Dessert	Yogurt or Fresh Fruit

TUESDAY

Chinese Chicken with Noodles
Quorn Stir Fry with Noodles
Give it a go!
Broccoli Carrots
Lemon & Ginger Biscuit
Fresh Fruit or Yogurt

WEDNESDAY

Chicken Sausage Roll
Cheese Pasty
Jacket Potato with Filling
Cauliflower Green Beans
Roast Potatoes Apple & Pear
Crumble & Custard
Fresh Fruit or Yogurt

THURSDAY

Lamb Pasta Bake
Macaroni Cheese
Jacket Potato with Filling
Sweetcorn Broccoli
Garlic Bread
Lemon Drizzle Cake
Fresh Fruit or Yogurt

FRIDAY

Margherita Pizza
Margherita Pizza
Give it a go!
Baked Beans Peas
Chips
Rice Krispie Cake
Fresh Fruit or Yogurt

All meals are prepared and cooked fresh daily on the premises — menus are subject to change.

Menu 1 Week beginning 1st September 2025

AUTUMN - WEEK 2

LUNCH MENU



BUCKINGHAM PREPARATORY SCHOOL
AN INDEPENDENT SCHOOL FOR BOYS

MONDAY

Meat/Fish Option

Chicken Curry
with Rice

Vegetarian Option

Mixed Bean Curry
with Rice

Alternative Option

Jacket Potato
with Filling

Vegetables and Sides

Peas
Sweetcorn
Naan Bread

Dessert

Yogurt or
Fresh Fruit

TUESDAY

Chicken Lasagne

Vegetable Lasagne

Jacket Potato
with Filling

Broccoli
Carrots
Garlic Bread

Syrup Sponge &
Custard
Fresh Fruit or Yogurt

WEDNESDAY

Roast Chicken
Thighs with Gravy

Veggie Sausage Roll

Give it a go!

Cauliflower
Green Beans
Roast Potatoes

Cheese & Crackers
Fresh Fruit or Yogurt

THURSDAY

Lamb Burgers

Quorn Burger

Jacket Potato
with Filling

Salad
Sweetcorn
Potato Wedges

Iced Sprinkle Cake
Fresh Fruit or Yogurt

FRIDAY

Fish Friday
Fish of the Day

Vegan Fingers

Give it a go!

Baked Beans
Peas
Chips

Cookies
Fresh Fruit or Yogurt

All meals are prepared and cooked fresh daily on the premises — menus are subject to change.

Menu 2 Week beginning 8 September 2025

AUTUMN - WEEK 3

LUNCH MENU



BUCKINGHAM PREPARATORY SCHOOL
AN INDEPENDENT SCHOOL FOR BOYS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat/Fish Option	Lamb Meatballs in Tomato Sauce	Fish Fingers	Roast Turkey Breast with Gravy	Chicken Wraps	Chicken Sausage
Vegetarian Option	Quorn Balls & Vegetables in Tomato Sauce	Vegetable Fingers	Spicy Bean Burger	Veggie Wraps	Quorn Sausage
Alternative Option	Jacket Potato with Filling	Jacket Potato with Filling	Give it a go!	Jacket Potato with Filling	Give it a go!
Vegetables and Sides	Peas Cauliflower Spaghetti	Sweetcorn Peas New Potatoes	Cabbage Green Beans Roast Potatoes	Sweetcorn Carrots Potato Wedges	Baked Beans Peas Chips
Dessert	Yogurt or Fresh Fruit	Chocolate Fudge Brownie Fresh Fruit or Yogurt	Cheese & Crackers Fresh Fruit or Yogurt	Jam & Coconut Sponge Fresh Fruit or Yogurt	Ginger Cake Fresh Fruit or Yogurt

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Menu 3 Week beginning 15th September 2025

AUTUMN - WEEK 4

LUNCH MENU



BUCKINGHAM PREPARATORY SCHOOL
AN INDEPENDENT SCHOOL FOR BOYS

MONDAY

Meat/Fish Option	Brunch Special Chicken Sausage
Vegetarian Option	Vegetable Sausage
Alternative Option	Give it a go!
Vegetables and Sides	Baked Beans Scrambled Egg Hash Browns
Dessert	Yogurt or Fresh Fruit

TUESDAY

Tuna Pasta Bake
Macaroni Cheese
Jacket Potato with Filling
Broccoli Carrots Garlic Bread
Jam Coconut Slice Fresh Fruit or Yogurt

WEDNESDAY

Roast Chicken Breast
Vegetable Samosa
Give it a go!
Peas Cabbage Roast Potatoes
Cheese & Crackers Fresh Fruit or Yogurt

THURSDAY

Lamb Burger
Cheese Turnovers
Jacket Potato with Filling
Sweetcorn & Peas Potato Wedges
Apple Cake & Custard Fresh Fruit or Yogurt

FRIDAY

Margherita Pizza
Margherita Pizza
Give it a go!
Baked Beans Peas Chips
Choc-Chip Cookies Fresh Fruit or Yogurt

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Menu 4 Week beginning 22nd September 2025

AUTUMN - WEEK 5

LUNCH MENU



BUCKINGHAM PREPARATORY SCHOOL
AN INDEPENDENT SCHOOL FOR BOYS

MONDAY

Meat/Fish Option	Chinese Chicken and Noodles
Vegetarian Option	Vegetable Noodles
Alternative Option	Jacket Potato with Filling
Vegetables and Sides	Cauliflower Green Beans
Dessert	Yogurt or Fresh Fruit

TUESDAY

Chicken Wrap
Vegetable Wrap
Jacket Potato with Filling
Broccoli Sweetcorn Rainbow Rice
Apple Sponge & Custard Fresh Fruit or Yogurt

WEDNESDAY

Chicken Lattice with Gravy
Quorn Sausage Roll
Give it a go!
Carrots Cabbage Roast Potatoes
Cheese & Crackers Fresh Fruit or Yogurt

THURSDAY

Lamb Koftas with Salad & Houmous
Falafel with Salad & Houmous
Jacket Potato with Filling
Sweetcorn Green Beans Pitta Bread
Lemon Drizzle Cake Fresh Fruit or Yogurt

FRIDAY

Fish Friday Fish of the Day
Quorn Burger
Give it a go!
Baked Beans Peas Chips
Chocolate Cheese Cake Fresh Fruit or Yogurt

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Menu 5 Week beginning 29th September 2025

AUTUMN - WEEK 6

LUNCH MENU



BUCKINGHAM PREPARATORY SCHOOL
AN INDEPENDENT SCHOOL FOR BOYS

MONDAY

Meat/Fish Option

Tuna Mayo Jacket
Potato

Vegetarian Option

Cheese & Beans
Jacket Potato

Alternative Option

Vegetable
Ratatouille with
Cheese

Vegetables and Sides

Sweetcorn
Garlic Bread

Dessert

Yogurt or
Fresh Fruit

TUESDAY

Chicken Lattice

Quorn Sausages with
Gravy

Jacket Potato
with Filling

Broccoli

Carrots

Curly Fries

Treacle Sponge

Fresh Fruit or Yogurt

WEDNESDAY

Roasted Chicken
Thighs with Gravy

Cheese Pasty

Give it a go!

Carrots

Cabbage

Roast Potatoes

Cheese & Crackers

Fresh Fruit or Yogurt

THURSDAY

Lamb Meatballs with
Tomato and Herb
Sauce

Quorn with Tomato
and Herb Sauce

Jacket Potato
with Filling

Sweetcorn

Green Beans

Spaghetti

Cherry Sponge with
Custard

Fresh Fruit or Yogurt

FRIDAY

Chicken Nuggets

Quorn Nuggets

Give it a go!

Baked Beans

Peas

Chips

Flapjack

Fresh Fruit or Yogurt

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Menu 6 Week beginning 6th October 2025

AUTUMN - WEEK 7

LUNCH MENU



BUCKINGHAM PREPARATORY SCHOOL
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MONDAY

Meat/Fish Option	Lamb Chilli with Rice
Vegetarian Option	5 Bean Chilli with Rice
Alternative Option	Jacket Potato with Filling
Vegetables and Sides	Peas Sweetcorn Tortilla Chips
Dessert	Yogurt or Fresh Fruit

TUESDAY

Chinese Chicken with Noodles
Quorn Stir Fry with Noodles
Give it a go!
Broccoli Carrots
Lemon & Ginger Biscuit Fresh Fruit or Yogurt

WEDNESDAY

Chicken Sausage Roll
Cheese Pasty
Jacket Potato with Filling
Cauliflower Green Beans
Roast Potatoes Apple & Pear Crumble & Custard Fresh Fruit or Yogurt

THURSDAY

Lamb Pasta Bake
Macaroni Cheese
Jacket Potato with Filling
Sweetcorn Broccoli
Garlic Bread Lemon Drizzle Cake Fresh Fruit or Yogurt

FRIDAY

Margherita Pizza
Margherita Pizza
Give it a go!
Baked Beans Peas Chips
Rice Krispie Cake Fresh Fruit or Yogurt

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Menu 1 Week beginning 13th October 2025