

AUTUMN-MENU 1

LUNCH MENU



BUCKINGHAM PREPARATORY SCHOOL
AN INDEPENDENT SCHOOL FOR BOYS

DIETARY ADVICE - KEY: Egg included Garlic Onion

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat/Fish Option	Tuna Mayo Jacket Potato	Chicken Lattice	Roasted Chicken Thighs with Gravy	Lamb Meatballs with Tomato and Herb Sauce	Chicken Nuggets
Vegetarian Option	Cheese & Beans Jacket Potato	Quorn Sausages with Gravy	Cheese Pasty	Quorn with Tomato and Herb Sauce	Quorn Nuggets
Alternative Option	Give it a go!	Jacket Potato with Filling	Give it a go!	Jacket Potato with Filling	Give it a go!
Vegetables and Sides	Sweetcorn Peas	Broccoli Carrots Curly Fries	Carrots Cauliflower Roast Potatoes	Sweetcorn Green Beans Spaghetti	Baked Beans Peas Chips
Dessert	Yogurt or Fresh Fruit	Treacle Sponge Fresh Fruit or Yogurt	Cheese & Crackers Fresh Fruit or Yogurt	Cherry Crumble with Custard Fresh Fruit or Yogurt	Flapjack Fresh Fruit or Yogurt

All meals are prepared and cooked fresh daily on the premises — menus are subject to change.

Menu 1 Week beginning 7th Sept & 2nd Nov 2026

LUNCH MENU



BUCKINGHAM PREPARATORY SCHOOL
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DIETARY ADVICE - KEY: Egg included Garlic Onion

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat/Fish Option	Chicken Curry with Rice	Chicken Lasagne	Roast Chicken Thighs with Gravy	Lamb Burgers	Fish Friday Fish of the Day
Vegetarian Option	Mixed Bean Curry with Rice	Vegetable Lasagne	Veggie Sausage Roll	Quorn Burger	Vegan Fingers
Alternative Option	Jacket Potato with Filling	Jacket Potato with Filling	Give it a go!	Jacket Potato with Filling	Give it a go!
Vegetables and Sides	Peas Sweetcorn Naan Bread	Broccoli Green Beans Garlic Bread	Cauliflower Carrots Roast Potatoes	Salad Sweetcorn Potato Wedges	Baked Beans Peas Chips
Dessert	Yogurt or Fresh Fruit	Syrup Sponge & Custard Fresh Fruit or Yogurt	Cookie Fresh Fruit or Yogurt	Iced Sprinkle Cake Fresh Fruit or Yogurt	Rice Krispie Cake Fresh Fruit or Yogurt

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Menu 2 Week beginning 14th Sep & 9th Nov 2026

LUNCH MENU



BUCKINGHAM PREPARATORY SCHOOL
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DIETARY ADVICE - KEY: **Egg included** **Garlic** **Onion**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat/Fish Option	Lamb Meatballs in Tomato Sauce	Fish Fingers	Roast Turkey Breast with Gravy	Chicken Wraps	Chicken Sausage
Vegetarian Option	Quorn Balls & Vegetables in Tomato Sauce	Vegetable Fingers	Spicy Bean Burger	Veggie Wraps	Quorn Sausage
Alternative Option	Jacket Potato with Filling	Jacket Potato with Filling	Give it a go!	Jacket Potato with Filling	Give it a go!
Vegetables and Sides	Peas Cauliflower Spaghetti	Sweetcorn Peas New Potatoes	Cabbage Green Beans Roast Potatoes	Sweetcorn Carrots Potato Wedges	Baked Beans Peas Chips
Dessert	Yogurt or Fresh Fruit	Chocolate Fudge Brownie Fresh Fruit or Yogurt	Shortbread Biscuit Fresh Fruit or Yogurt	Jam & Coconut Sponge Fresh Fruit or Yogurt	Ginger Cake Fresh Fruit or Yogurt

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Menu 3 Week beginning 21st Sept & 16 Nov 2026

LUNCH MENU



BUCKINGHAM PREPARATORY SCHOOL
AN INDEPENDENT SCHOOL FOR BOYS

DIETARY ADVICE - KEY: **Egg included** **Garlic** **Onion**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat/Fish Option	Brunch Special Chicken Sausage	Tuna Pasta Bake	Roast Chicken Breast	Lamb Burger	Margherita Pizza
Vegetarian Option	Vegetable Sausage	Macaroni Cheese	Vegetable Samosa	Cheese Turnovers	Margherita Pizza
Alternative Option	Give it a go!	Jacket Potato with Filling	Give it a go!	Jacket Potato with Filling	Give it a go!
Vegetables and Sides	Baked Beans Scrambled Egg Hash Browns	Peas Sweetcorn Garlic Bread	Green Beans Cabbage Roast Potatoes	Broccoli Peas Potato Wedges	Baked Beans Peas Chips
Dessert	Yogurt or Fresh Fruit	Jam Coconut Slice Fresh Fruit or Yogurt	Cheese & Crackers Fresh Fruit or Yogurt	Apple Cake & Custard Fresh Fruit or Yogurt	Choc-Chip Cookies Fresh Fruit or Yogurt

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Menu 4 Week beginning 28th Sept & 23 Nov 2026

LUNCH MENU



BUCKINGHAM PREPARATORY SCHOOL
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DIETARY ADVICE - KEY: Egg included Garlic Onion

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat/Fish Option	Chinese Chicken and Noodles	Chicken Wrap	Chicken Lattice with Gravy	Lamb Koftas with Salad & Houmous	Fish Friday Fish of the Day
Vegetarian Option	Vegetable Noodles	Vegetable Wrap	Quorn Sausage Roll	Falafel with Salad & Houmous	Quorn Burger
Alternative Option	Jacket Potato with Filling	Jacket Potato with Filling	Give it a go!	Jacket Potato with Filling	Give it a go!
Vegetables and Sides	Cauliflower Green Beans	Broccoli Sweetcorn Rainbow Rice	Carrots Cabbage Roast Potatoes	Sweetcorn Green Beans Pitta Bread	Baked Beans Peas Chips
Dessert	Yogurt or Fresh Fruit	Apple Sponge & Custard Fresh Fruit or Yogurt	Cheese & Crackers Fresh Fruit or Yogurt	Lemon Drizzle Cake Fresh Fruit or Yogurt	Chocolate Cheese Cake Fresh Fruit or Yogurt

All meals are prepared and cooked fresh daily on the premises — menus are subject to change.

Menu 5 Week beginning 5th Oct & 30 Nov 2026

LUNCH MENU



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DIETARY ADVICE - KEY: Egg included Garlic Onion

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat/Fish Option	Lamb Chilli with Rice	Chinese Chicken with Noodles	Chicken Sausage Roll	Lamb Pasta Bake	Margherita Pizza
Vegetarian Option	5 Bean Chilli with Rice	Quorn Stir Fry with Noodles	Cheese Pasty	Macaroni Cheese	Margherita Pizza
Alternative Option	Jacket Potato with Filling	Give it a go!	Jacket Potato with Filling	Jacket Potato with Filling	Give it a go!
Vegetables and Sides	Peas Sweetcorn Tortilla Chips	Broccoli Carrots	Cauliflower Green Beans Roast Potatoes	Sweetcorn Broccoli Garlic Bread	Baked Beans Peas Chips
Dessert	Yogurt or Fresh Fruit	Lemon & Ginger Biscuit Fresh Fruit or Yogurt	Apple & Pear Crumble & Custard Fresh Fruit or Yogurt	Lemon Drizzle Cake Fresh Fruit or Yogurt	Rice Krispie Cake Fresh Fruit or Yogurt

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Menu 6 Week beginning 12th Oct & 7 Dec 2026